



TRI GOLF CHALLENGE

Why Golf:

- Educational and active.
- Covid secure.
- New skills to learn.
- Develops sharing, cooperation, patience, perseverance,
- problem solving and honesty.



Who is this for?

- We are offering this as a great activity to enjoy with Y3-6 pupils who are in school.

How to deliver - please watch the video and download the stations & score sheets from www.agilitassports.com/tri-golf-challenge

1. Teach your pupils the very basics of grip, stance and swing (see video).
2. Set up the 4 stations, demonstrate and explain the scoring (see station diagrams and video).
3. Allow practice time.
4. When ready your group (ideally 10 pupils per station) has 5 minutes to score as many points as possible.
5. After 5 minutes record your groups total score (see score sheet).
6. Try all 4 stations.
7. Repeat as many times as you like in term 4.
8. Email us your participation (see participation data sheet).
9. Email us the results sheets for your best Y3, Y4, Y5, Y6, Y3/4 & Y5/6 teams by the 1st April.
10. Receive e-certificates plus the chance to win bigger prizes!

What if you don't have Tri Golf equipment?

- We are targeting some schools to visit for the day with equipment and run this challenge for them!
- We have some loan sets of equipment ready to loan out!

Prizes include - 2hr golf session at Burghley Park Golf Club for 6 boys and 6 girls with real clubs and pro golfer! Similar offer at Spalding Golf Club. Golf equipment for your school, medals and e-certificates.

Please contact Rupert Gibson, School Games Organiser via agilitassports@gmail.com if you have any questions. Good luck and have fun.

